



CRAZY CATCH VISIONBALL

VisionBalls are designed with visual markings, providing training cues to assist early ball detection and ball tracking in the all important catching / striking zone. Simply ask yourself: **"WHAT WAS THE LAST COLOUR I SAW ON THE CRAZY CATCH VISION BALL?"**



LEVEL 1 VISIONBALL

Sane rebound on both the **insane** & **vinsane** side. 150mm diameter. Excellent ball for kids to learn to throw, kick & catch. Soft, safe, great grip & ideal weight (80gms).



LEVEL 2 VISIONBALL

Insane rebound on the **vinsane** side. Cricket ball diameter (72mm). Excellent small ball to learn to catch. Soft, safe, great grip & very durable (95gms).



LEVEL 3 VISIONBALL

Crazy rebound on the **vinsane** side – most challenging Crazy Catch ball. Excellent foam-filled training ball for elite athletes. Cricket ball diameter. Durable outer layer (120gms).

FREE WITH EACH NET PURCHASED

Myth

"Keep your eye on the ball" – Perhaps the most common coaching phrase of all time in relation to catching or hitting a ball, but it's actually impossible!

Myth Busted!!

"Watch the ball" is sound advice during the initial stages of ball tracking. However, unless the ball travel is directly towards your eyes, it is simply impossible to "keep your eye on the ball" in the all important catching / hitting zone. Watch elite athletes just as they hit a ball or take a catch, and see where their eyes are directed. Develop these same skills by simply asking yourself: **"What was the last colour I saw on the Crazy Catch Vision Ball?"** Now, with a clearly defined start and end-point, you can fast track your vision skills.

Interestingly, these tracking skills are the same required for development of successful reading, with the eyes required to learn jump movements.

