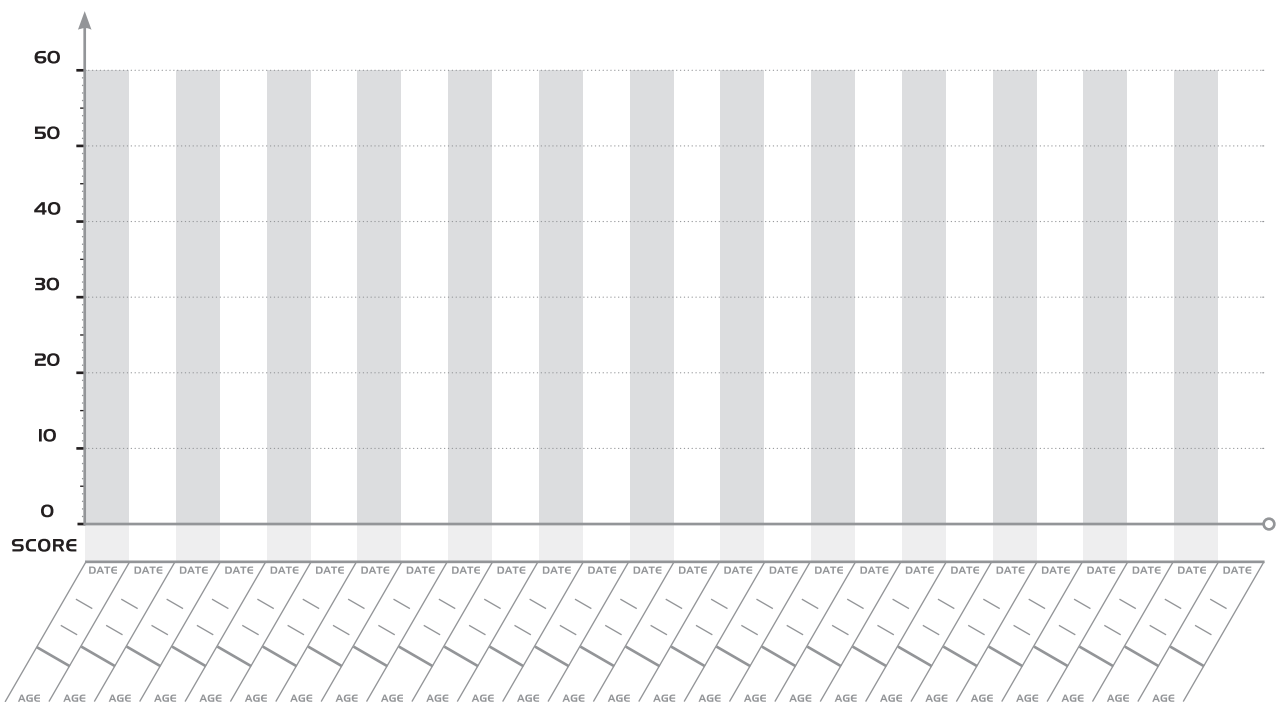
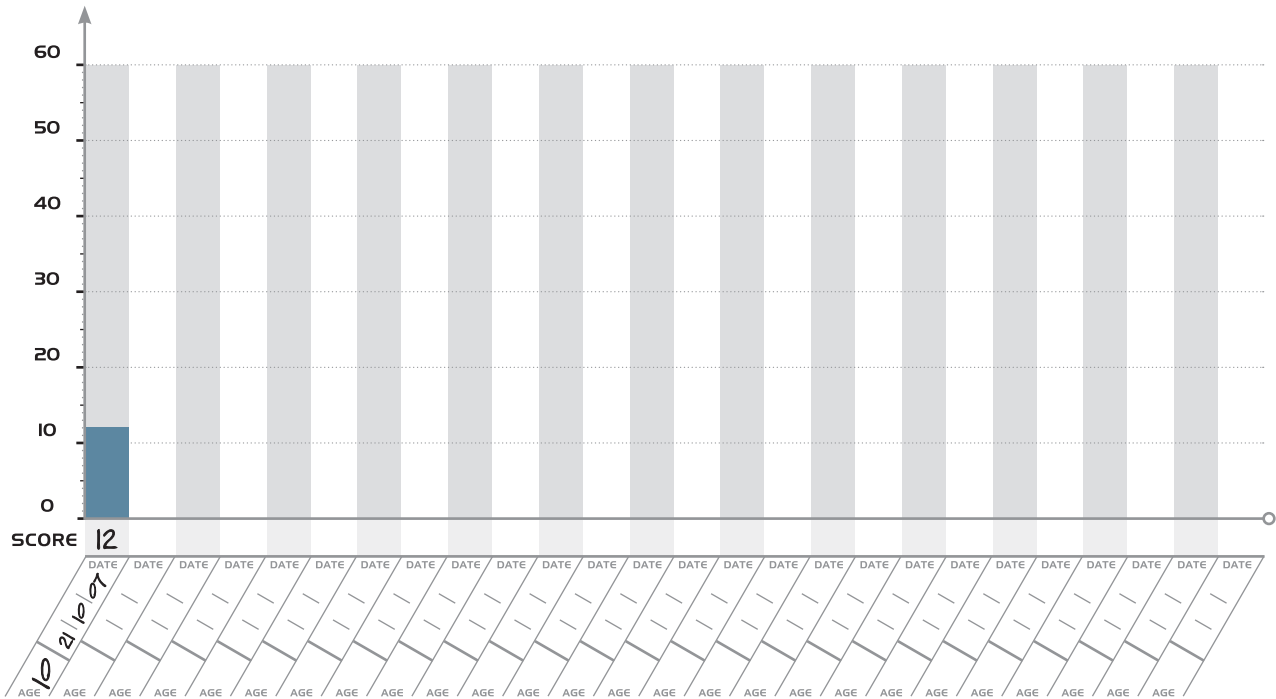


1 Minute Challenge Charts

GRAPH YOUR PROGRESS AND SEE YOUR SKILLS DEVELOP. Record the date and your age at the time of each challenge. You may also wish to enter on the graph the Achieved, Merit & Excellent scores for your age. Refer to the assessment criteria sheet available at www.crazycatch.com.

The vertical axis on the bottom graph has been left for you to label. Tailor it to suit your challenge choice.



ACHIEVEMENT SIGNATURE

WELL DONE!

TEACHER, COACH OR PARENT PLEASE SIGN TO RECOGNISE THIS ACHIEVEMENT